

Fresno Pacific University
Continuing Education
Maryam Torbati, Ph.D. Workshops



Credit: **3 Units** Fees: **\$180/unit** Time: **8:30 AM – 5 PM** Location: **Zoom**

Registration for Saturday Zoom classes CLOSE the Friday before at 12:00 pm (PST).

AFTER REGISTERING, PLEASE EMAIL THE INSTRUCTOR TO RECEIVE YOUR READING ASSIGNMENTS AND ZOOM LINK: maryam@torbati.onmicrosoft.com

NEW OPTION: *An audit option is available for those who wish to participate in the course without receiving credit. Email prof.dev@fresno.edu for details.*

Please DO NOT contact the instructor to register late.

Art of Stress Management

IND 1264

Saturday, January 10, 2026

Art of Dealing with Loneliness, Depression and Suicide

IND 1352

Saturday, January 17, 2026

Classroom Management

IND 1232

Saturday, January 24, 2026

Art of Mindfulness with Common Core in Mind

IND 1337

Saturday, February 7, 2026

Nutritional Neuroscience **NEW COURSE**

IND 1418

Saturday, February 21, 2026

50 Diversity Strategies for SLL

IND 1188

Saturday, February 28, 2026

Science of Imposter Syndrome with the Brain in Mind ** NEW COURSE**

IND 1419

Saturday, March 7, 2026

Art of Teaching

IND 1192

Saturday, March 14, 2026

Art of Numeracy/Math with CCSS

IND 1229

Saturday, March 21, 2026

Art of Motivation

IND 1193

Saturday, March 28, 2026

Art of Poetry with CCSS

IND 1263

Saturday, April 4, 2026

Art of Anger Management

IND 1330

Saturday, April 11, 2025

Neuroscience of Dyslexia & Coping Strategies

IND 1381

Saturday, April 18, 2026

Art of Creativity

IND 1194

Saturday, May 9, 2026

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Memory Tools

IND 1197

Saturday, May 16, 2026

Art of Music, Science & Content

IND 1206

Saturday, May 30, 2026

****PLEASE SEE OUR [WEBSITE](#) FOR MOST
CURRENT COURSE INFORMATION****

Art of Communication

IND 1262

Saturday, May 23, 2026

**Click [here](#) for the growing list of online
workshops.**