

**Fresno Pacific University**  
**Continuing Education**  
**Maryam Torbati, Ph.D. Workshops**



Credit: **3 Units**   Fees: **\$170/unit**   Time: **8:30 AM – 5 PM**   Location: **Zoom**

*Registration for Saturday Zoom classes CLOSE the Friday before at noon.*

FPU will notify Dr. Torbati of your registration and then she will send out the required reading and Zoom link.

**Please DO NOT contact the instructor to register late.**

**FALL 2023**

**Change Your Words, Change Your Brain**

IND 1383

Saturday, September 9, 2023

**Art of Effective Assessment with CCSS**

IND 1220

Saturday, September 23, 2023

**Art of Poetry with CCSS**

IND 1263

Saturday, October 14, 2023

**Conflict Resolution/Working through Differences**

IND 1204

Saturday, October 28, 2023

**Memory Tools**

IND 1197

Saturday, November 11, 2023

**Art & Science of Happiness**

IND 1318

Saturday, December 9, 2023

**Building a Better Brain: Poverty & the Brain**

IND 1385

Saturday, September 16, 2023

**8 Habits of Highly Effective People**

IND 1242

Saturday, September 30, 2023

**Power of Optimism**

IND 1293

Saturday, October 21, 2023

**Science of Monotasking**

IND 1382

Saturday, November 4, 2023

**The Science of Belonging & the Brain**

IND 1395

Saturday, December 2, 2023

**Dr. Torbati has FULLY ONLINE workshops to choose from as well.**

Click [here](#) for the growing list of online workshops.