

Fresno Pacific University
Continuing Education
Maryam Torbati, Ph.D. Workshops



Credit: **3 Units** Fees: **\$180/unit** Time: **8:30 AM – 5 PM** Location: **Zoom**

Registration for Saturday Zoom classes CLOSE the Friday before at 12:00 pm (PST).

AFTER REGISTERING, PLEASE EMAIL THE INSTRUCTOR TO RECEIVE YOUR READING ASSIGNMENTS AND ZOOM LINK: maryam@torbati.onmicrosoft.com

NEW OPTION: *An audit option is available for those who wish to participate in the course without receiving credit. Email prof.dev@fresno.edu for details.*

Please DO NOT contact the instructor to register late.

Fall 2026

Science of Imposter Syndrome w/ the Brain in Mind

IND 1419

Saturday, September 5, 2026

Science of Belonging & the Brain

IND 1395

Saturday, September 12, 2026

Art of Effective Assessments w/ CCSS

IND 1220

Saturday, September 19, 2026

Art of Stress Management

IND 1264

Saturday, September 26, 2026

Emotional Intelligence EQ

IND 1198

Saturday, October 3, 2026

Art of Reading & Comprehension

IND 1215

Saturday, October 10, 2026

Change Your Words, Change Your Brain

IND 1383

Saturday, October 17, 2026

Art of Writing Process

IND 1233

Saturday, October 24, 2026

Art of Creativity

IND 1194

Saturday, October 31, 2026

Empowerment Through Cultures of Visual Thinking

IND 1378

Saturday, November 7, 2026

Neuroscience of Anxiety

IND 1407

Saturday, December 5, 2026

Neuroscience of ADHD & OCD

IND 1414

Saturday, December 12, 2026

****PLEASE SEE OUR [WEBSITE](#) FOR MOST CURRENT COURSE INFORMATION****

Click [here](#) for the growing list of online workshops.