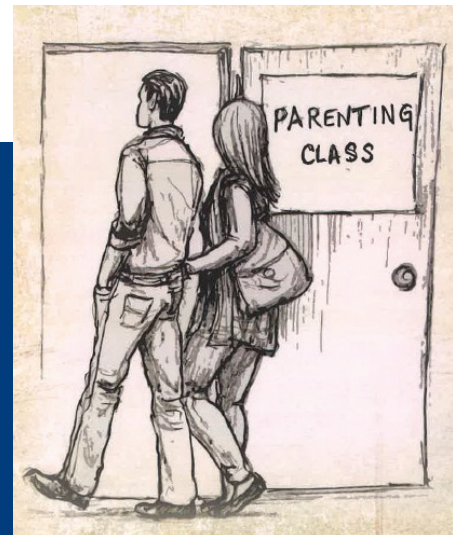




Parenting is one of the **most important** and yet **most difficult** tasks a person can undertake



Parenting Better

HBM-040

The impact and influence of a parent will last a lifetime and onto the next generations. It is not a role one should adopt without training and skill development in parent/child relationships. Parents can teach a child that their future is within their control by the choices they make.

Program Benefits

- Complete this course at your own pace
- Identify strategies to improve parenting practices
- Develop effective methods of behavior management and discipline
- Communicate strong family values to the next generation
- Includes 8 videos and many hours of valuable podcasts

Allan G. Hedberg, Ph.D., Instructor

Learn more at ce.fresno.edu/hbm-040